

HLTAID001 Provide Cardiopulmonary Resuscitation (CPR)

PROVIDER INFORMATION	
Name of RTO	KMR SAFETY FIRST Pty Ltd
RTO Number	22485
Phone Number	03 9718 1733
Web Site	www.safetyfirst.com.au
Email	safetyfirst@safetyfirst.com.au
ABN Number	82 812 779 573
Registration Details	Our scope of training is listed on the National Training Information Service. The link to our registration can be found at http://training.gov.au
Rights and Responsibilities	<p>This information sheet is designed to be read in conjunction with the Participant Guiding Principles and the Participant Disclosure and must be made available before enrolling into any training course delivered by KMR Safety First. It is a condition of enrolment that an agreement is made that all parties will abide by the terms and conditions outlined in these documents.</p> <p>These forms will be made available at pre-booking and at the commencement of all courses, if you would like to view these documents please contact our office.</p>
COURSE INFORMATION	
Unit Code	HLTAID001
Unit Title	Provide Cardiopulmonary Resuscitation (CPR)
Description	<p>Provide Cardiopulmonary Resuscitation is a nationally recognised unit of competency that describes the skills and knowledge required to provide cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines This unit applies to all workers who may be required to provide CPR in a range of situations, include community and workplace settings.</p> <p><i>Specific licensing requirements relating to this competency, including requirements for refresher training, should be obtained from the relevant state/ territory Work Health and Safety Regulatory Authority..</i></p>
Award issued	Statement of Attainment in HLTAID001 Provide Cardiopulmonary Resuscitation.
Validity	HLTAID001 Provide cardiopulmonary resuscitation must be updated and completed at least every 12 months from the date of completion.

Training and Assessment Strategy

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Who should attend	The unit applies to all workers who may be required to provide a first aid response in a range of situations, include community and workplace settings.
Pre-requisites	There are no specific entry requirements or pre-requisites but it is recommended that participants have the Foundation skills described such as language, literacy and numeracy that are essential to performance. <ul style="list-style-type: none">• Oral communication – in order to make accurate verbal report to emergency response service and workplace supervisor. The remaining foundation skills essentials to perform are explicit in the performance criteria of this unit.
Fee for service	KMR Safety First provides HLTAID001 Provide Cardiopulmonary Resuscitation training on a fee for services basis.
Nominal hours	3 hours - Face to face
Delivery options	1 x 3 hour sessions

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ALIGNMENT WITH UNITS OF COMPETENCY	
Elements to be covered and performance criteria	<p>1. Respond to an emergency situation</p> <p>1.1 Recognise an emergency situation 1.2 Identify, assess and minimise immediate hazards to health and safety of self and others 1.3 Assess the casualty and recognise the need for CPR 1.4 Seek assistance from emergency response services</p> <p>2. Perform CPR procedures</p> <p>2.1 Perform CPR 2.2 Display respectful behaviour towards casualty 2.3 Operate automated external defibrillator (AED) according to manufacturer's instructions</p> <p>3. Communicate details of the incident</p> <p>3.1 Accurately convey incident details to emergency response services 3.2 Report details of incident to workplace supervisor as appropriate 3.3 Maintain confidentiality of records and information in line with statutory and/or organisational policies</p>
Delivery strategy	<p>Presentation by trainer will follow the HLTAID001 Provide Cardiopulmonary Resuscitation presentation and course syllabus.</p> <p>Demonstrations of cardiopulmonary resuscitation technique.</p> <p>Practical component of Performing CPR will focus on working through case scenarios using the DRSABCD technique; this will be done as individuals and in pairs.</p> <p>Workbook assessment questions will be completed individually at different intervals throughout the course and used to prompt questions for discussion by the group.</p> <p>Completion of Injury Report form in small groups and then reporting back to the group.</p>
Delivery and resources	<ul style="list-style-type: none"> • Delivery of training in a class room setting • Power point presentation covering delivered material • Short video • First aid for life work book • Participant involvement in group activities • Demonstration of CPR • Possible use of on-line pre-course background reading
Performance Evidence	<p>The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role.</p> <p>There must be demonstrated evidence that the candidate has completed the following tasks at least once in line with state/territory regulations, first aid codes of practice, ARC guidelines and workplace procedures:</p> <ul style="list-style-type: none"> ✓ conducted a hazard assessment and identified strategies to minimise

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	<p>risk</p> <ul style="list-style-type: none">✓ demonstrated safe manual handling techniques✓ assessed airway, breathing and responsiveness of casualty✓ performed at least four minutes of uninterrupted CPR on both an infant resuscitation manikin and an adult resuscitation manikin placed on the floor, demonstrating the following techniques on each:<ul style="list-style-type: none">○ checking for response and normal breathing○ recognising abnormal breathing○ opening and clearing the airway○ using correct hand location, compression depth rate in line with the ARC recommended ratio of compressions and ventilations○ acting in the event of regurgitation or vomiting○ following single rescuer procedure, including the demonstration of a rotation of operators with minimal interruptions to compressions✓ followed the prompts of an Automated External Defibrillator (AED)✓ provided an accurate verbal report of the incident✓ responded to at least one simulated resuscitation scenario contextualised to the candidate's workplace/community setting.
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<p>Knowledge evidence</p>	<p>The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:</p> <ul style="list-style-type: none"> ✓ state/territory regulations, first aid codes of practice and workplace procedures including: <ul style="list-style-type: none"> ○ ARC Guidelines relevant to the provision of CPR ○ safe work practices to minimise risks and potential hazards ○ infection control principles and procedures, including use of standard precautions ○ requirements for currency of skill and knowledge ✓ legal, workplace and community considerations, including: <ul style="list-style-type: none"> ○ need for stress-management techniques and available support following an emergency situation ○ duty of care requirements ○ respectful behaviour towards a casualty ○ own skills and limitations ○ consent ○ privacy and confidentiality requirements ○ importance of debriefing ✓ considerations when providing CPR, including: <ul style="list-style-type: none"> ○ airway obstruction due to body position ○ appropriate duration and cessation of CPR ○ appropriate use of an AED ○ chain of survival ○ standard precautions ✓ basic anatomy and physiology relating to: <ul style="list-style-type: none"> ○ absence of normal breathing ○ anatomy of the external chest ○ physiology relating to response/consciousness ○ upper airway anatomy and effect of positional change.
<p>Assessment strategy</p>	<ul style="list-style-type: none"> • A scenario competency assessment will be completed; the participant will be expected to demonstrate the essential skills and knowledge as detailed in this document. • Demonstration of CPR procedures, including adult child and infant casualties using a resuscitation Manikin in line with Australian

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	<p>Resuscitation Council Guidelines.</p> <ul style="list-style-type: none"> • Workbook assessment questions are to be completed within class time and reviewed as a group, participant is to be observed participating in discussions • The assessor must ensure that all Performance Criteria as detailed on Assessment Sheet is met and both assessor and participant are required to sign. • All assessment outcomes must be transferred to the HLTAID001 Provide Cardiopulmonary Resuscitation aid Information Sheet and all documentation retained in the course folder 															
Assessment Includes	<p>Assessment will be conducted using a range of methods including case scenarios, questioning, written assessment and practical skills demonstration, assessment strategies will be based on the principles of consistency, fairness, validity and reliability.</p> <p>To gain a statement of attainment in HLTAID001 Provide Cardiopulmonary Resuscitation participants will have to achieve competency in:</p> <p>Practical assessment:</p> <ul style="list-style-type: none"> • Participation in group and individual scenarios • Demonstration of the CPR in line with ARC guidelines <p>Written assessment:</p> <ul style="list-style-type: none"> • Workbook assessment questions • Workbook quiz questions 															
EVIDENCE GATHERING TECHNIQUES																
The "X" on the chart refers to the documented evidence gathering techniques used for HLTAID001 Provide first aid.																
	<table border="1"> <tr> <td>A</td> <td>X</td> <td>Demonstration of methods</td> </tr> <tr> <td>B</td> <td>X</td> <td>Discussion and questions</td> </tr> <tr> <td>C</td> <td>X</td> <td>Group work</td> </tr> <tr> <td>D</td> <td>X</td> <td>Written Assessment during course</td> </tr> <tr> <td>E</td> <td></td> <td>Written Assessment post course</td> </tr> </table>	A	X	Demonstration of methods	B	X	Discussion and questions	C	X	Group work	D	X	Written Assessment during course	E		Written Assessment post course
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All assessment documentation must be retained in the course folder for awarding certificates and storage requirements.																
TRAINER AND ASSESSOR QUALIFICATIONS																
Essential	<ul style="list-style-type: none"> • HLTCPR211A Perform CPR or HLTAID001 Provide CPR • HLTF4412A Apply advanced first aid or HLTAID006 Provide first aid • Certificate IV in Workplace Training and Assessment or equivalent. • Relevant vocational competency at least to the level being assessed 															

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TRAINING AND ASSESSMENT RESOURCES	
Equipment	<ul style="list-style-type: none"> • HLTAID003 Provide first aid PowerPoint presentation • CPR for Life work book • Resuscitation manikin, face and barrier device • Automated External Defibrillator (AED) • Provide CPR Trainer's Kit
Documents	<p>All documentation can be found on the KMR Safety First network in the 600 Training folder:</p> <p>References:</p> <ul style="list-style-type: none"> • HLTAID001 Provide cardiopulmonary resuscitation • KMR Policy and Procedure Manual • Trainers Course Manual <p>Course requirement:</p> <ul style="list-style-type: none"> • DRSABCD chart • Post Course Test • Post Course test Answer Sheet • Provide CPR Information Sheet <p>Trainer and Assessors must met the requirements of the KMR Safety First Trainer Step by Step Guide</p>
Participant information	<ul style="list-style-type: none"> • CPR for life work book
Additional Information	<ul style="list-style-type: none"> • ARC Guidelines, • Compliance code First Aid in the Workplace • Heart Facts Poster (Heart Foundation)